

1. Now is the heal - ing time de - creed for sins of heart and  
 2. Who, al - ways mer - ci - ful and good, has borne so long our  
 3. There - fore with fast - ing and with prayer, our sec - ret sor - row  
 4. Cleanse us, O Lord, from ev - ery stain, help us the gifts of  
 5. We pray thee, Ho - ly Trin - i - ty, One God, un - chang - ing

word and deed, when we in hum - ble fear re - cord the  
 way - ward mood, nor cut us off un - spar - ing - ly in  
 we de - clare, with all good striv - ing seek his face, and  
 grace to gain, till with the an - gels, linked in love, joy -  
 U - ni - ty, that we from this our ab - sti - nence may

wrong that we have done the Lord:  
 our so great in - i - qui - ty.  
 low - ly - heart - ed plead for grace.  
 ful we tread thy courts a - bove.  
 reap the fruits of pen - i - tence. A - men.

Text: *Ecce tempos idoneum*, Sarum Breviary, circa 11th c.  
 tr. T. A. Lacey (1853-1891)  
 Tune: Pax, Swedish Koralbok, 1697  
 LM

1. Christ - ian dost thou see them on the ho - ly ground,  
 2. Christ - ian, dost thou feel them, how they work with - in,  
 3. Christ - ian, dost thou hear them, how they speak thee fair?  
 4. "Well I know thy trou - ble, O my ser - vant true;

how the powers of dark - ness prowl and prowl a - round?  
 striv - ing, tempt - ing, lur - ing, goad - ing in - to sin?  
 "Al - ways fast and vig - il? Al - ways watch and prayer?"  
 thou art ver - y wear - y, I was wear - y too;

Christ - ian, up and smite them, Count - ing gain but loss;  
 Christ - ian, nev - er trem - ble; nev - er be down - cast;  
 Christ - ian an - swer bold - ly, "While I breathe, I pray:"  
 but that toil shall make thee some day all mine own,

smite them by the mer - it of the Ho - ly Cross.  
 smite them by the vir - tue of the Lent - en fast.  
 peace shall fol - low bat - tle, night shall end in day.  
 and the end of sor - row shall be near my throne."

Text: St. Andrew of Crete (d. 732), tr. by John Mason Neale (1818-1866)  
 Tune: Gute Baume Bringen, melody by P. Sohren, 1668, 65.65D

## By Fruit, the Ancient Foe's Device

Lent

1. By fruit, the an - cient Foe's de - vice drove  
 2. Thy Ho - ly Pas - sion - we a - dore and  
 3. Thou, af - ter three ap - point - ed days, thy  
 4. Ear - ly, O Christ, to find thy tomb, the  
 5. The Apo - stles, on thy vis - ion bent, to

A - dam forth from Par - a - dise: Christ,  
 Re - sur - rec - tion, ev - er - more: with  
 Bod - y's Tem - ple, did'st up - raise: and  
 weep - ing oint - ment - bear - ers come: the  
 that ap - point - ed moun - tain went: and

by the Cross of shame and pain, brought  
 heart and voice to thee on high, as  
 A - dam's chil - dren, one and all, with  
 An - gel, cloth'd in white, hath said, "Why  
 there they wor - ship when they see, and

back the dy - ing thief a - gain: "When  
 A - dam and the thief, we cry: "When  
 A - dam, to new life didst call. "When  
 seek the Liv - ing with the dead? "The  
 there the Mes - sage comes from thee, that

in thy King - dom, Lord," said he, "Thou  
 in thy King - dom thou shalt be Vic -  
 thou," they cry, "shalt thou be, in  
 Lord of Life, hath burst death's chain, whom  
 ev - ery race be - neath the skies they

shalt re - turn, re - mem - ber me!"  
 tor o'er all things, think of me!"  
 that thy king - dom, think of me!"  
 here ye weep and seek in vain."  
 should dis - ci - ple and bap - tise. A - men.

6. We praise the Father, God on High, the Holy Son we magnify:  
 Nor less our praises shall adore the Holy Ghost forevermore;  
 This grace, Blest Trinity, we crave; Thy suppliant servants hear and save! Amen.