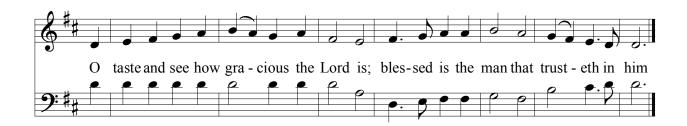
O Caste and See (Psalm 34)





PSALM 34 Benedicam Dominum

- I WILL alway give thanks unto the / Lord; * his praise shall e/ver be in my mouth.
- 2. My soul shall make her boast in the / Lord; * the humble shall hear there/of, and be glad.
- 3. O praise the Lord with / me, * and let us magnify his / Name together.
- 4. I sought the Lord, and he / heard me; * yea, he delivered me / out of all my fear.
- 5. They had an eye unto him, and were / lightened; * and their fa/ces were not ashamed.
- 6. Lo, the poor crieth, and the Lord / heareth him; * yea, and saveth him out of / all his troubles.
- 7. The angel of the Lord tarrieth round about them that / fear him, * and de/livereth them.
- 8. O taste, and see, how gracious the / Lord is: * blessed is the man that / trusteth in him.
- 9. O fear the Lord, ye that are his / saints; * for they that fear / him lack nothing.
- 10. The lions do lack, and suffer / hunger; * but they who seek the Lord shall want no manner of / thing that is good.
- 11. Come, ye children, and hearken / unto me; * I will teach you the / fear of the Lord.
- 12. What man is he that lusteth to / live, * and would / fain see good days?
- 13. Keep thy tongue from / evil, * and thy lips, / that they speak no guile.
- 14. Eschew evil, and do / good; * seek peace, / and ensue it.
- 15. The eyes of the Lord are over the / righteous, * and his ears are open / unto their prayers.
- 16. The countenance of the Lord is against them that do / evil, * to root out the remembrance of / them from the earth.
- 17. The righteous cry, and the Lord / heareth them, * and delivereth them out of / all their troubles.
- 18. The Lord is nigh unto them that are of a contrite / heart, * and will save such as be of an / humble spirit.
- 19. Great are the troubles of the / righteous; * but the Lord deliver/eth him out of all.
- 20. He keepeth all his / bones, * so that not one of / them is broken.
- 21. But misfortune shall slay the un/godly; * and they that hate the righteous / shall be desolate.
- 22. The Lord delivereth the souls of his / servants; * and all they that put their trust in him shall / not be destitute.

Glory be to the Father and to the / Son, * and / to the Holy Ghost;

As it was in the beginning, † is now and ever / shall be, * world / without end. Amen.

Repeat Antiphon as needed